



**STATE OF MARYLAND**  
OFFICE OF THE GOVERNOR

**MARTIN O'MALLEY**  
GOVERNOR

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TTY USERS CALL VIA MD RELAY



***A MESSAGE FROM GOVERNOR MARTIN O'MALLEY***

Dear Ms. Jones:

On behalf of the great state of Maryland, I would like to commend you on achieving your weight loss goals. Through hard work and perseverance, we are advancing a healthier, stronger Maryland.

The 2007 Health and Fitness Expo is helping us reach that shared goal, one person at a time. By providing lifestyle techniques, dietary information and also a sense of community, they have helped shaped the future of our state. Most of all, they've given us confidence in our ability to risk action – to set difficult goals and achieve great things.

It is truly humbling to see a group of people who are working to better their lives, to promote wellness, and to lead by example. Thank you for your hard work.

Please accept my congratulations on this happy occasion. All the best.

Sincerely,

Martin O'Malley  
Governor